



Cloud9to5

GIVE THEM AN

EMPLOYEE
EXPERIENCE

THEY'LL NEVER FORGET



Happy people perform better.

Cloud 9 to 5 (C925) helps organizations and their employees tap into their potential and solve some of their biggest challenges by creating a happy, healthy, high-performing work culture. Our tailored tools and training help teams maximize their impact through improvements in innovation, trust in leadership, productivity, employee turnover, absenteeism, and engagement.

Using a 3-pronged approach, we work at the:

Individual level: to build employees' resilience and empower them to take responsibility for their own wellbeing at work;

Management level: to develop a leadership style that puts employees first;

Organizational level: to ensure the policies and processes are conducive to a thriving workforce.

**GET TO
KNOW US**



OUR NETWORK

We are proud to be part of the Woohoo Partner program, a network of over 40 companies around the world that are experts in creating an amazing employee experience and happy and healthy workplaces. We regularly share best practices and industry knowledge so that we can all provide exceptional service to our clients.



Collectively, we have trained and supported over 100,000 people worldwide across virtually every industry sector. Here are just a few of the companies that our partner network has worked with to create a happier and healthier work culture:



SUMMARY OF SERVICES

- **presentations & team workshops**

Whether you want to learn about the latest research on how happy employees drive success within an organization, how to create a mentally healthy work environment, or what you can do to tap into your team's potential, our keynote presentations and team workshops are perfect for staff retreats, professional development, management seminars, onboarding programs, lunch and learns, or as a team learning initiative. Presentations typically range from 45 minutes to 2 hours, while workshops range from 1.5 hours to 2 days.

Specific areas of focus for presentations & workshops

We customize our content to meet your team's needs and we are happy to include specific topics as requested. Some of the topics we can discuss include:

- How to build a happy, healthy, high-performing workplace
- Dealing with burnout, stress, and overwork, and achieving work-life balance
- How to create a culture of respect and trust
- Employee experience journey mapping
- The top reasons people leave their jobs & what you can do to improve retention
- Creating meaning and purpose for the individual, the team, and the company
- Praise and recognition: how to motivate and improve engagement through positive feedback and other simple techniques
- How to create more positive, engaging and effective meetings
- How to build stronger and more cohesive teams
- Mental health at work
- How to encourage innovation within the team
- Building a culture that works for all generations (Millennials, Baby Boomers, etc)

Have a specific topic in mind but don't see it in our list? No problem! We have an extensive network of subject-matter experts and advisors who work with us to develop presentations where appropriate, and we are constantly developing new presentations to suit the needs of our clients.

SUMMARY OF SERVICES (cont'd)

- **leadership workshops**

Research shows that managers wield a disproportionately significant amount of influence over the mood and success of a team, and without their active participation, creating an incredible employee experience and work culture can only go so far. Our leadership workshops teach managers how to improve business outcomes by leveraging their employees strengths. Participants learn practical tools and techniques for creating a culture that enables employees to thrive.

- **coaching/mentoring**

Offered to employees and managers to support their efforts in contributing to positive mental health and wellness at work. Sessions can focus on specific topics of interest - such as providing effective feedback to employees, time management, or dealing with burnout at work - or they can be broader in nature to enable the participant to focus on opportunities for learning and to bring attention to supportive habits for achieving lasting positive change. Ideal for those who:

- manage others and are seeking new ways to empower and inspire their team
- feel like they are not meeting their potential at work
- would like to encourage positive mental health and wellness in the workplace
- would like to have more control over their own happiness at work
- feel unmotivated, disconnected, frustrated, or generally unhappy at work
- find themselves overwhelmed with stress, anxiety or overwork

- **consulting & ongoing support**

Sometimes all you need is a fresh perspective for brainstorming sessions, a bit of outside expertise, a sounding board for your ideas and strategies, or someone to gently nudge you to always keep employees top of mind. Whether you need help with updating your recruitment and interview process, developing management and leadership skills, creating an employee experience strategy, or you just need a bit of ongoing support to keep momentum going, we can help.

PRICING AND CONTACT



We believe that being happy and healthy at work is a right, not a privilege. That's why we're committed to finding a way to work within your budget. If you or your team would like to access our services but our rates are beyond your current budget, give us a shout and we'd be happy to explore different options for helping you creating a thriving workplace.

We also offer 50% reduced rates for non profit organizations. It's our way of saying thanks for the great work that you do!

Lastly, our clients love working with us because we take our job seriously. If you're not completely satisfied with the work that we've done for you, then we'd be happy to redo the work or offer you a full refund. No risk, no stress, no worries!

For more information, please contact:

Sheona McGraw, CEO - Cloud 9 to 5
905-484-8877
happy@cloud9to5.ca
www.cloud9to5.ca

